

THEORIA

MEDICAL

*Improving the Quality of Healthcare Delivery
in the Post-Acute Care and Skilled Nursing Settings*

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Theoria Medical is comprised of an experienced team of healthcare professionals committed to transforming the way healthcare is delivered and experienced in the post-acute care and skilled nursing setting. We do so through a value-based integrated delivery of technology and solutions that afford providers and care facilities with the opportunity to operate at peak efficiency and support a long-term care continuum with optimal patient outcomes.





MEDICAL DIRECTORSHIP

To ensure optimal healthcare delivery and a continuum of care, Theoria Medical orchestrates comprehensive oversight at every facility we partner with. Our scope of services includes:

- Comprehensive oversight of all providers practicing at the facility.
- Access to Theoria Medical's Medication Optimization Program.
- Continuous process improvement.
- Significant involvement and engagement with QA/QAPI.
- Antibiotic stewardship.
- Anticoagulation stewardship.
- Strong collaboration with QIOs.
- Involvement with clinical research and academic research institutions to ensure quality improvement and access to novel therapies.
- Fulfillment of any facility need from a clinical, administrative, or regulatory perspective.





MEDICAL MANAGEMENT

Our medical management team is comprehensive, giving us the ability to manage highly complex patients at the facility. We work closely with our partners to tailor clinical programs to meet the needs and allow for admissions of complex patients that may have been otherwise denied.

Highly trained medical professionals use the most up-to-date clinical guidelines for managing the health of patient populations and all providers must undergo a comprehensive Theoria Medical SNF training program inclusive of all appropriate regulatory considerations associated with practicing in a SNF environment. This includes:

- ▶ Daily rounding by providers up to five days per week. These roundings are conducted by a team of physicians, physician assistants, and nurse practitioners.
- ▶ New admissions are typically seen within 24 hours following admission.
- ▶ Patient information is entered into our proprietary Electronic Health Record (EHR) system for timely and easy access or transfer of health record information. This includes automatic loading of the patient's health and physical information.
- ▶ Full admission chart review, medication review/reconciliation is completed within 30 minutes of admission.

The Theoria Medical model of care leverages a 24/7 virtual rounding team to conduct constant review of patient charts including MAR, vitals, labs, etc. and notification of concerning values to telemedicine and/or day team. This includes communication of any potential issues presenting in the patient's chart to our telemedicine and/or day team. In addition to virtual telemedicine solutions to promote a continuum of care, we incorporate eRx of all controlled substances. This includes quick prescriptions for CII at any needed time patients do not have to wait until the next day for pain medication refills.

Our model of care also ensures continuous implementation of innovative technologies to improve nursing workflows and efficiencies. Examples of these include electronic pharmacy recommendation processing, electronic death certificate signatures, and electronic and competency signatures. Additionally, our medical directors are AMDA certified or pending AMDA certification.



SPECIALTY SERVICES

The Theoria Medical model of care for post-acute care and skilled nursing facilities leverages a multidisciplinary approach to ensure optimal levels of patient care and outcomes. For this reason, we offer a host of medical specialty care services to patients living in a post-acute care or skilled nursing facility. These services are provided in the privacy and comfort of the patient's room and transfers are not required to see a Theoria Medical provider specialist.

I - PSYCHIATRY



Weekly rounding by the psychiatry team.

- This team is comprised by a team of physicians, physician assistants, and nurse practitioners. Immediate interventions are available via telemedicine for behavioral issues that have occurred overnight, this includes gradual dose reductions for all psychotropic medications to determine if symptoms, conditions, or risks can be managed by a lower dose. All medication reduction initiatives are performed in collaboration with an internal medicine specialist.

II - PHYSICAL MEDICINE AND REHABILITATION



Active management of PT/OT progression for acute-care and skilled nursing facility patients that are in alignment with key Accountable Care Organizations (ACOs) and other value-based networks key metrics.

- Active length of stay management in accordance with payer targets.
- Metrics driven program with robust analytics.
- Specialized rehabilitation programs in cardiology, neurology, general medicine, pulmonary medicine, and orthopedic medicine.



SPECIALTY SERVICES

III - PULMONARY AND CRITICAL CARE



Pulmonologists are on staff for patients needing consultations.

- Pulmonology medical directorship for ventilator units.
- Active ventilator management and weaning with a pulmonologist.
- High quality ventilator management ensures that the facility can admit more complex cases.

IV - WOUND CARE



Experienced and specially trained wound care teams are available to patients living with acute or chronic wounds.

- Weekly wound rounds with nursing staff.
- Wound assessments with comprehensive documentation during facility stay.
- Debridement to treat skin wounds including cleaning the wound and removing all hyperkeratotic, infected, and nonviable tissue, and other procedures as deemed appropriate.

V - CARDIOLOGY

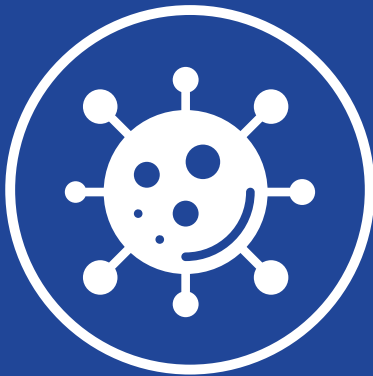


For patients requiring a cardiology consultation, Theoria Medical cardiologists can visit patients in the convenience of their facility, avoiding a transfer to an off-site appointment. Our cardiologists work in close concert with the rest of the multidisciplinary team to ensure proper continuity of care and medical management.



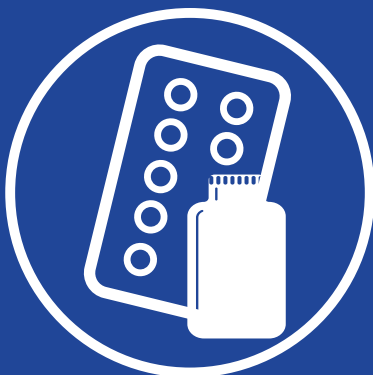
SPECIALTY SERVICES

VI - INFECTIOUS DISEASE



Theoria Medical providers treat infectious disease on-site with a robust antibiotic stewardship, strong infectious disease management, and optimization of isolation of denitrifying bacteria to facilitate optimal outcomes should infectious disease occur.

VII - PHYSICAL MEDICINE AND REHABILITATION



Many Theoria Medical providers have received Medication Assisted Treatment (MAT) training to treat patients indicated for suboxone, methadone, or naloxone prescriptions and are XDEA Licensed Providers. As such patients who arrive at a facility without, for example, a suboxone script will no longer have to return to the hospital for it as a Theoria Medical provider can write it on-site at the facility. Theoria Medical providers can effectively manage substance abuse patients with addiction specialists .



TELEMEDICINE SERVICES

SPECIALTY CARE WITH TELEMEDICINE

Theoria Medical offers telemedicine services to treat substance abuse patients. Our telemedicine teams are staffed by full-time post-acute care and skilled nursing facility specially trained, experienced providers.

- Consistent staff members cover every Theoria Medical facility.
- Facility nurses can contact providers via secure messaging, phone, or via telehealth video.
- Facility staff generates monthly telemedicine program reports.
- Nurses undergo overnight education and support
- Comprehensive documentation of all encounters and interactions in the EHR.
- Rapid response times averaging <2.5 minutes
- Full communication with day team and nursing ensures proper continuity of care.
- Best-in-practice protocols, strategies, and assessments to ensure usage and compliance.
- Monitoring of high-risk patients overnight with telemedicine team.
- Collaboration/sign-out between day team and telemedicine team.
- Virtual rounding team monitoring and notification
- Immediate availability of a provider at all times for any issues.
- Acute issues, family requests, and anything the patient needs or provider requests.



Patient safety is a priority at Theoria Medical. For this reason we offer immediate post-fall telemedicine assessment with supporting documentation at all times. This includes:

- Full admissions process at any time.
- Full hospital documentation review.
- Medication reconciliation on admission.



TELEMEDICINE SERVICES

TELEMEDICINE FUNCTIONALITY AND CAPABILITIES

The telemedicine program comes with a highly innovative telemedicine device equipped with devices to facilitate a comprehensive assessment of the patient via telemedicine. The telemedicine cart is equipped with the following instruments:

- Full HD touchscreen
- 1080p PTZ camera
- 12-lead ECG
- Wireless exam camera
- Wireless otoscope
- Bluetooth stethoscope
- Bluetooth spirometry
- Bluetooth blood pressure monitor
- Bluetooth pulse oximeter





TELEMEDICINE SERVICES

TELEMEDICINE SUPPORT



- On-site implementation specialist on-demand.
- 24/7 technical support hotline.
- Theoria Medical Vice President of Telehealth availability for any case reviews or provider issues.
- Theoria Medical's Remote Patient Monitoring (RPM) program to monitor high-risk patients.
 - Innovative RPM devices continuously monitor resident's vitals with minimal nursing staff time required.
 - Immediate alerts to daytime or telemedicine team with any abnormal vitals based on diagnosis.
 - Home-based monitoring to provide monitoring and intervention support if needed.



TELEMEDICINE SERVICES

PATHWAYS PROGRAM

Pathways include strategies to improve 30 day readmissions and address 90 day readmissions through strong collaboration between nursing staff and medical staff. This partnership is critical to ensure success at a facility. For this reason, Theoria Medical invests heavily in educating the nursing staff upon implementation, and ongoing staff education thereafter.

1

Focusing on process improvement - We work closely with community partners to establish relationships with those involved in healthcare delivery relative to facilities:

- Local health departments
- QIOs
- Clinical research organizations
- Home health agencies
- Hospice agencies

2

Facilitating a continuum of care - We recognize that it is important to build strong community relationships to enhance the care continuum across all settings. As such, we routinely conduct the following:

- Work closely with the facility's hospital partners to share the new model of care established at the facility.
- Work closely with hospitals to align the clinical programs at the facility with those of the hospital.
- Work closely with local payers offering:
 - Medicare Advantage Plans
 - State Medicaid
 - Commercial Plans
- Help facilities enroll in new clinical programs that payers may offer in their community.
- Assist in procuring or maintaining contractual arrangements with payers.
- Participate or sponsor marketing events and health fairs.